**Healthy Schools Meeting Minutes**

**30.3.2022**

Attendance: Jo. S, Katie, Bethan and Tracy. M

**Upcoming Events:**

Summer – Apple Decorating competition

Staff Exercise classes to start up after Easter, postponed due to staff absence.

Healthy Schools After School Club – hoping to start in Summer Term for Year 1.

**Minutes:**

* Fruit stall has been effective to give away fruit and veg.
* Every Kid Week 25th-29th April, events to be organised in school nearer the time. Folder has been set up on the Drive for resources to be added by Jo and Tracy.
* Meal of the Week – After February half term. A ‘pinch of nom’ website, recipes for ‘fakeaways’ that are healthier and cheaper. Jo to post recipe for the first week back.
* Tracy posted Healthy Paced Lunch ideas to Dojo for parents.
* Walk to School Week 17th-21st May – Tracy has registered the school to see what resources are available to us. Nearer the time we will inform staff and parents of the plans but likely to be stickers for participation and photos to be sent via Dojo to class teachers.
* Weds 23rd February – Jo and Bethan met Joanne from ‘Healthy You’ to discuss actions to achieve the Healthy Schools Bronze Award. Actions from this meeting are being worked on, currently waiting for classes to complete ‘Hands Up’ survey deadline is 1.4.22 some classes still outstanding, this is for Travel Plan to be completed. Jo meeting 31.3.22 regarding Daily Mile. Healthy Schools statement added to website.

**To Do’s:**

Apple Decorating Competition – Jo to speak to Rachel Buck to get it put on parent pay £1 entry fee. Jo to create a poster to post to Dojo to inform parents.

* Lunch time stickers and certificates to re-start in Summer.
* Speak to Natalie regarding lunch options for next year.
* Southfields Radio to be on in the dinner hall – Adam to sort
* Planting veg and each class being responsible for a patch in the allotment as of September.
* Tracy to contact other schools regarding their Healthy School procedures.
* Swimming CPD for staff.